BINOD BIHARI MAHTO KOYALANCHAL UNIVERSITY, DHANBAD (JHARKHAND)



FOUR YEARS UNDER GRADUATE PROGRAM IN PSYCHOLOGY

(Revised)

SYLLABUS: DISCIPLINE SPECIFIC CORE COURSE (DSCC)
DISCIPLINESPECIFIC MINOR COURSES FOR SEMESTER-I,
SEMESTER-II, SEMESTR-III, AND MULTIDSCIPLINARY COURSE IN
PSYCHOLOGY

AS PERNEP-2020

YEAR OF IMPLIMENTATION: ACADEMIC YEAR 2022-2023

15: who 23

Members of Board of Studies of Psychology for Four Year Undergraduate Syllabus as Per the Guidelines of NEP-2020 of Binod Bihari Mahto Koyalanchal University, Dhanbad

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-Invited Member

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HEAD PERCHOLOGY

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Head

Uni.Dept. of Psychology BBMKU,Dhanbad



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Date 26.9.2022

To:

Dr. Kavita Singh Head University Department of Psychology B.D.M.K.U Dhanbad

Subject: Approval of Syllabus

Dear Madam,

The syllabus for Four Year Undergraduate Programme under NEP 2020 is approved.

Yours sincerely.

Reca Tour face con (Meera Jayuswal)

Phone-cum-Fax: 0612-2350136 (O)



College of Commerce, Arts & Science Kankarbagh, Patna-800 020

[A Constituent unit of Patliputra University, Patna] NAAC Re-Accredited 'A' Grade with CGPA 3,10

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Ref.:....

Date: 26: 9.22.

To. Dr. Kavita Seingh Head University Department of Psychology BBMKU, Dhanbad

Subject: regarding Approval of Syllabus

Dear Madam,

After going through the Syllabus for Four Years Undergraduale Program in Psychology Of Bonod Bohari Mahte Koyalanchal University, Sharbas (Tharkhard) under NEP-2020, I hereby give my approval for the same.

Yours Sincerely

[PROF. KIRTI] HOD

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BINOD BIHARI MAHTO KOYALANCHAL UNIVERSITY, DHANBAD

Highlights of Regulations of FYUG/Research Program

- The Full-time, Regular UG program for a regular student shall be for a period of four years with multiple entries and multiple exit options-
- a Certificate after completing 1 year (2 semesters) of study in the chosen fields of study,
- a Diploma after 2 years (4 semesters) of study,
- a Bachelor after a 3-year (6 semesters) program of study,
- a Bachelor (with Hons. / Research) after a 4-year (8 semesters) program of study
- Validity of a registration for FYUGP will be of six years for Three Year Program and maximum Seven years for Four Years Program from the date of registration.

Four Years Undergraduate Honours/Research Program Structure in Psychology

Program Outcomes:

By the end of the Honours/Research Program in Psychology the students will be able:

- To explain the basic concepts in Psychology
- To understand the basic psychological processes and applications in everyday life.
- To facilitate acquisition of basic skills in major areas of application (e.g. psychological testing, experimentation, counseling, interviewing, developing psychological tools, behavior modification, data analysis, report writing).
- To understand the basic aspects of different branches and basic theories of Psychology.
- To demonstrate knowledge of the application of theories of Psychology
- To understand the basic aspects of different branches and basic theories of Psychology.
- To use various psychometric tools for assessment.
- To analyses the critical aspects in the process of diagnosis of mental health issues.
- To conduct a social science research with focus on the methods of studying human behavior
- To shape cognitive, affective and behavioural abilities of students for building responsible psychology professionals and researchers.
- To foster interest in Psychology and create foundation for further studies in Psychology

Jharkhand, NEP Regulations for FYUGP. 2022 onwards

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Note: Honours students not undertaking research will do 3 courses for 12 credits in lieu of a Research project / Dissertation.

SEMESTER WISE COURSES OF STUDY FOR FOUR YEAR UNDERGRADUATE /RESEAARCH PROGRAMME

Table-1: Semester wise Course Code and Credit Points for Practical Subjects:

Semester	}	, Introductory, Major, Minor, Vocational & Internship	
	Courses		Cuadit
	Code	Paper	Credit
	MJ	Major-1 (Discipline Specific Course)	4
	MN	Minor-IA (From Discipline)	4 (3+1)
T	MDC	Multidisciplinary Course	3
1	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
	VAC	Value Added Course	4
	MJ	Major-2 (Discipline Specific Course)	4
II	MJ	Major-3 (Discipline Specific Course)	4
	MN	Minor-I (From Vocational)	4
	MDC	Multidisciplinary Course	3
	AEC	Ability Enhancement Course	2
	SEC	Skill Enhancement Course	3
	MJ	Major-4 (Discipline Specific Course)	4
III	MJ	Major-5 (Discipline Specific Course)	4
	MN	Minor-IB (From Discipline)	4 (3+1)
III	MDC	Multidisciplinary Course	3
111	AEC	Ability Enhancement Course	2
<u>, , , , , , , , , , , , , , , , , , , </u>	SEC	Skill Enhancement Course	3
	MJ	Major-6 (Discipline Specific Course)	4
	MJ	Major-7(Discipline Specific Course)	4
TV	MJ	Major-8 (Discipline Specific Course)	4
1 4	MN	Minor-II (From Vocational)	4
IV	AEC	Ability Enhancement Course	2
	VAC	Value Added Course	2
	MJ	Major-9 (Discipline Specific Course)	4
	MJ	Major-10 (Discipline Specific Course)	4
\mathbf{V}	MJ	Major-11 (Discipline Specific Course)	4
Y	MN	Minor-IC(From Discipline)	4 (3+1)
	IAP	Internship/Dissertation	4
	MJ	Major-12 (Discipline Specific Course)	4
	MJ	Major-13 (Discipline Specific Course)	4
VI	MJ	Major-14 (Discipline Specific Course)	4
VI	MJ	Major- 15 (Discipline Specific Course)	4
	MN	Minor-III (From Vocational)	4
	AMJ	Advance Major-01 (Discipline Specific Course)	4
	AMJ	Advance Major- 02 (Discipline Specific Course)	4
€ 7 ¥ ¥	AMJ	Advance Major-02 (Discipline Specific Course)	4
VII	AMJ	Advance Major-03 (Discipline Specific Course)	4
	MN	Advance Minor- 05 (From Discipline)	4 (3+1)
		Advance Major-XX (Discipline Specific Course)	4 (3+1)
X78WY	AMJ		
VIII	MN	Minor-IV (From Vocational)	4
	RC	Research Courses (Dissertation) Total Credit	12 160

Abbreviations:

MJ- Major Disciplinary/Interdisciplinary Courses MN- Minor Disciplinary/Interdisciplinary Courses AMJ- Advance Major Disciplinary/Interdisciplinary Courses

MDC Multidisciplinary Course

AEC-Ability Enhancement Course

VAC- Value Added Course

IAP- Internship

RC- Research Course

SEC- Skill Enhancement Course

<u>Table-2: Title of the Major, Minor and Multidisciplinary Courses in Psychology</u>

. No.	Title of The Papers
	MAJOR DISCIPLINE SPECIFIC
1	MJ-1- FOUNDATION S OF PSYCHOLOGY
2	MJ-2- INTRODUCTION TO BIOPSYCHOLOGY
3	MJ-3- PRACTICAL
4	MJ-4- COGNITIVE PSYCHOLOGY
5	MJ-5- PRACTICAL
6	MJ-6- FUNDAMENTALS OF SOCIAL PSYHOLOGY
7	MJ-7- INTRODUCTION TO PERSONALITY
8	MJ-8- PRACTICAL
9	MJ-9- FOUNDATIONS OF DEVELOPMENTAL PSYCHOLOGY
10	MJ-10-FUNDAMENTALS OF CLINICAL PSYCHOLOGY
11	MJ-11- PRACTICAL
12	MJ-12- SYSTEMS AND SCHOOLS IN PSYCHOLOGY
13	MJ-13- PSYCHOLOGICAL ASSESSMENT
14 15	MJ-14- INTRODUCTION TO INDIAN PSYCHOLOGICAL THOUGHTS MJ-15- PRACTICAL
	MJ-13- FRACTICAL AMJ-01- EDUCATIONAL PSYCHOLOGY
	AMJ-02-FOUNDATIONS OF ORGANIZATIONAL PSYCHOLOGY
	AMJ-03- EMERGENCE OF ENVIRONMENTAL PSYCHOLOGY
19	AMJ-04 PRACTICAL
20	AMJ-05- RESEARCH METHODS AND STATISTICS IN PSYCHOLOGY
	MINOR DISCIPLINE SPECIFIC
21	MN-IA: INTRODUCTION TO PSYCHOLOGY (THEORY)
	MN-IA: PRACTICAL
	MN-IB: COMMUNITY PSYCHOLOGY(THEORY)
	MN-IB: PRACTICAL
	MN-IC: PSYCHOLOGY AND MENTAL HEALTH (THEORY) MN-IC: PRACTICAL
	MN-ID: PSYCHOLOGY AT WORK(THEORY)
¥	MN-ID: PRACTICAL
	MULTI DSCIPLINARY COURSE
25	MDC-PSYCHOLOGY: INTRODUCTION TO GRNERAL PSYCHOLOGY

<u>Table-3:Semester-WiseTitle of the Papers in Four Year Undergraduate Honours/Research Program inPsychology</u>

For Practical Subjects

Year	Semeste r	Paper	Title of the Paper	Theory/Practical	Credits
		Code			
			Major Papers		
1 st	I	MJ-1	Foundations of Psychology	Theory	4
	II	MJ-2	Introduction to Bio- psychology	Theory	4
		MJ-3	Practical	Practical	4
2 nd	Ш	MJ-4	Cognitive Psychology	Theory	4
		MJ-5	Practical	Practical	4
	IV	MJ-6	Fundamentals of Social Psychology	Theory	4
		MJ-7	Introduction to personality	Theory	4
		MJ-8	Practical	Practical	4
3 rd	V	MJ-9	Foundations of Developmental Psychology	Theory	4
		MJ-10	Fundamentals of Clinical Psychology	Theory	4
		MJ-11	Practical	Practical	4
	VI	MJ-12	Systems and Schools in Psychology	Theory	4
		MJ-13	Psychological Assessment	Theory	4
		MJ-14	Introduction to Indian Psychological Thoughts	Theory	4
		MJ-15	Practical	Practical	4
4 th	VII	AMJ- 01	Educational Psychology	Theory	4
,		AMJ- 02	Foundations of Organizational Psychology	Theory	4
		AMJ- 03	Emergence of Environmental Psychology	Theory	4
		AMJ- 04	Practical	Practical	4
	VIII	AMJ- 05	Research Methods and Statistics in Psychology	Theory	4
otal Cre	dit		1		80

Table-4: Distribution of Marks for Major Papers:

S.No.	Semester	Paper	Credit		Full Marks=1	100	Pas	ss Marks	
				Internal Theory (Mid Sem)	End Sem Theory	End Sem Practical	Internal Theory (Mid Sem)	End Sem Theory	End Sem Practical
1.	I	MJ-1	4	25	75		10	30	
2.	II	MJ-2: Theory	4	25	75		10	30	
		MJ-3: Practical	4			100			40
3.	m	MJ-4: Theory	4	25	75		10	30	
····		MJ-5: Practical	4			100			40
4.	IV	MJ-6: Theory	4	25	75		10	30	
		MJ-7: Theory MJ-81:	4	25	75		10	30	
		MJ-81: Practical	4			100			40
5.	V	MJ-9: Theory	4	25	75		10	30	,
		MJ-10: Theory	4	25	75		10	30	
		MJ-11: Practical	4			100			40
6.	VI	MJ-12: Theory MJ-13:	4	25	75		10	30	
		MJ-13: Theory MJ-14:	4	25	75 75		10	30	
		Theory MJ-15:	4	25	/5	100	10	30	
7	VII	Practical AMJ-01:	4	25	75	100	10	30	40
,	V11	Theory AMJ-02:	4	25	75		10	30	
		Theory AMJ-03:	4	25	75	· · · · · · · · · · · · · · · · · · ·	10	30	
		Theory AMJ-04:	4	20	75	100	TU	JU	40
	VIII	Practical AMJ-05:	4	25	75		10	30	1 0
		Theory		- -			20		
Total (Credit					30		L	

Table-5: Distribution of Marks for Minor Papers:

S.No. Semester		Paper Credit		Full Marks		' Pass Mark	S
				Theory(Internal +End Semester)	Practical(End Semester	Theory(Internal +End Semester)	Practical
1.	I	MN- IA	3+1	15+60	25	30	10
2.	ш	MN- IB	3+1	15+60	25	30	10
3.	V	MN- IC	3+1	15+60	25	30	10
4.	VII	MN- ID	3+1	15+60	25	30	10

Table-6: Distribution of Marks for Multidisciplinary Paper-Psychology:

S.No.	Semester	Paper	Credit	Full Marks	Pass Marks
				Theory(End	Theory(End Semester)
				Semester)	
1.	I or II or	MDC-	3	75	30
	III	Psychology			

SYLLABUS OF PSYCHOLOGY DISCPLINE SPECIFIC COURSE

SEMESTER-I MAJOR PAPER-1 Theory

InstructiontofacultymembersandQuestionSetterfor:

Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks; 90<Attd,5marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No.2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Undergraduate Certificate	Year-First	Semester-1
Pape	er - Foundations of Psychology	y
Paper Code:MJ-1		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30

Unit 1:Introduction:

- Emergence and Development of Psychology
- Definition and Goals of Psychology and subject matter of Psychology;
- Branches of psychology- Cognitive, Abnormal, Social, Developmental and Biopsychology,
- Methods of psychology-Psychology in modern India.

Unit 2: Perception:

- Concept and process
- Perceptual organization
- Role of attention in perception
- Perceptual sets
- Perceptual constancies
- Perception of Depth, Distance and Movement

Unit 3: Learning:

- Concept of learning
- Learning curve and methods of learning

 Theories of learning- Thorndike's Connectionism, Pavlov's Classical conditioning, Skinner's Operant conditioning, Kohler & Kafka's Insight theory and Observational Learning Digital learning; Self-regulated learning

Unit 4:Memory:

- Meaning and Nature of memory
- Types of memory-Sensory memory semantic memory, STM and LTM; Difference between LTM and STM:
- Factors improving memory
- Concept of Ebbinghause and Bartlett
- Forgetting:
- Concept, Nature and Causes
- Theories of Forgetting

Unit 5: Emotion:

- Meaning and Characteristics
- Development of Emotion
- Physiological correlates of Emotion
- Measurement of Emotion Galvanic Skin Response(GSR)

BOOKS RECOMMENDED:

- 1. Sing, A. K (2012). Adhunic Samanya Monavigyan. Patna: Motilal Banaridas. (In Hindi)
- 2. Suleman, Md. (2012): Adhunic Samanya Manougyan. Patna: MotilalBanarsidas. (In Hindi)
- 3. Baron, R.and Misra, G. (2013). Psychology. New Delhi: Pearson.
- 4. Ciccarelli, S. K. and Meyer, G. E. (2010). Psychology. New Delhi Pearson Education.
- 5. Passer, M.W. and Smith, R.E. (2010). Psychology: The Science of mind and behavior. New Delhi: TataMcGraw-Hill.
- 6.Robert Feldman (2011) Essentials of Understanding Psychology 10thEdition, ISBN-13-9781259003059/ISBN-10-1259003051
- 7. Morgan C.T., King R.A, WeissJ.Rad Schopler, J. (2012). (latestedition). Introduction to psychology. TATAMcGraw HillEducation Pvt.NewDelhi.

SYLLABUS OF PSYCHOLOGY DISCPLINE SPECIFIC COURSE

SEMESTER-II MAJOR PAPER-2 Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks; 90<Attd,5marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of fivequestionsof1markeach.Question No.2 and 3 will be two short answer type questionsof5marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class:Undergraduate	Year-First	Semester-11
Certificate		· · · · · · · · · · · · · · · · · · ·
Pa	per – Foundations of Bio-psychol	02V
PaperCode:MJ-2		Core Compulsory
Credit: 4 (60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30

Unit 1: Introduction to Biopsychology

- Definition and Nature of Bio-Psychology;
- Subject matter of Bio-Psychology
- Methods of Bio-Psychology
- Ethics in Bio-Psychology

Unit 2: Neuron and Neural Conduction

- Neuron --structure, types and Functions
- Nerve Impulse and Neural conduction
- Synapse and Synaptictransmission.
- Neurotransmitters

Unit 3: Nervous system

- Structureandfunction of Central Nervous System (CNS)
- StructureandfunctionofPeripheralNervousSystem(PNS)

• Methods of Studying Functions of Brain

Unit 4: Endocrine System:

- Endocrine Glands Concept and Type
- Structure and functions of endocrine Glands
- Abnormalities of major glands: Thyroid, Adrenal, Gonads, Pituitary, Pancreas and Pineal

Unit 5: Receptor, Effectors and Adjuster Mechanism

- Receptor Cells
- Effectors Cells
- Adjustor Cells

BOOKS RECOMMENDED:

- 1. Breedlove, S. M., Rosenzweig, M. R. and Watson, N₁₁V.(2007). Biological Psychology: An introduction to behavioral, congnitive, and clinica lneuro science (5 Edition). Sunderland, Massachuset
- 2. Carlson, N. R. (2009)Foundations of Physiology(6thEdition). New Delhi: Pearson 3. Baron, R.and Misra,G. (2013). Psychology.New Delhi: Pearson.
- 4. Pinel, J.P. (2011). Biopsychology(8thEdition). New Delhi: Pearson Education. New Delhi: Tata McGraw-Hill.
- 5. Singh, A.K. (2014). Neuro-psychology. Patna: Motilal Banarsidas.
- 6. Carlson, Neil, R. (2008) Foundations of Physiological Psychology Pearson Education India

MAJOR PAPER-3 Practical 1

InstructiontofacultymembersandQuestionSetterfor:

End Semester Examination (ESE): Time: 3 hours

The Question for-semester exam Practical Exam will be of equal to 100 Marksand will be of 3 hours duration. Distribution of marks in end semester exam will be as - Experiment -30, Testing-30, Viva-Voce-20 and N.B-20. Four Questions will be set — Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate Certificate	Year-First	Semester-II
	Paper - Practical I	
Paper Code:MJ-3P		Core Compulsory
Credit: 4 (120 hours)		1 Credit=30 hrs
FM:100		PM: 40

Group A: Experiment: Verbal Learning and Sensory Motor Learning

- 1. Memorizing non-sense syllables by the method of Simple Reproduction
- 2. Memorizing non-sense syllables by the method of Serial Reproduction
- 3. Bi-lateral transfer(Positive transfer) in sensory motor learning
- 4. Habit-interference (Negative transfer)

Group B: Testing: Perception, Emotion, Mental Health and Stress

- 1.Defence Mechanism Inventory by Mrinal and Singhal
- 2. Emotonal Maturity Scale by Singh and Sengupta or by Singh and Bhargava
- 3. Mental Health Battery by Singh and Sengupta
- 4. Stress Test by Singh Personal Stress Source Inventory

Reference Books:

- 1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: MotilalBanarsidas
- 2. Sulaiman, M. (1996). ManovigyanikPrayogAurParikshan. Patna: MotilalBanarsidas.
- 3. Sinha, R.R.P(2001). Manovigyanme prayog, Parikchanaur Snakhiyeki. Patna: Bharti Bhawan
- 4.Singh, A.K. (2011). Uchchtar Manovigyanik Prayogaur Parikshan. Patna: Bharti Bhawan

SEMESTER-III

MAJOR PAPER-4 Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

Time: 1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 20 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 20 marks. Group A is compulsory and will contain five very short type questions consisting of 1 mark each and one short question of 5 marks. Group B will contain descriptive type two questions of 10 marks each, out of which any one is to be answered.

(Attendance Upto75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks; 90<Attd,5marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No.2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

Program/Class: Undergraduate Diploma	Year-Second	Semester-III
P	Paper – Cognitive Psychology	
Paper Code:MJ-4		Core Compulsory
Credit: 4(60 hours)		1 Credit=15 hrs
FM:100		SIE=25, ESE=75
PM:40		SIE=10, ESE=30

Unit 1: Cognitive Psychology:

- Origin and Definitions
- Approaches of Cognitive Psychology
- Current Status of Cognitive Psychology

Unit 2:Intelligence:

- Definitions, Nature and Types
- Theories ofintelligence-Twofactor, Multiple factor and Group factortheory
- Impact of heredityand environment on intelligence
- Concept of Emotional Intelligence

Unit 3: Thinking:

- Meaning and nature of thinking
- Types of Thinking
- Jean Piaget' contributions in children's thinking

Role of Set in thinking

Unit 4: Concept Formation and Problem Solving:

- Nature and Importance of Concept
- Types of Concept
- Factors influencing Concept Formation
- Meaning and Nature of Problem Solving
- Steps of Problem Solving
- Methods of Problem Solving

Unit 5: Attention

- Meaning and Characteristics of Attention
- Types of Attention
- Distraction of Attention
- Determinants of Attention

BOOKS RECOMMENDED:

- 1. Sing, A. K (2012). Adhunic Samanya Monavigyan. Patna: Motilal Banaridas. (In Hindi)
- 2. Suleman, Md. (2012) :Adhunic Samanya Manougyan. Patna: Motilal Banarsidas. (In Hindi)
- 3. Baron, R.and Misra, G. (2013). Psychology. New Delhi: Pearson.
- 4. Ciccarelli, S. K. and Meyer, G. E. (2010). Psychology. New Delhi Pearson Education.
- 5. Passer, M.W. and Smith, R.E. (2010). Psychology: TheScienceof mind and behavior. New Delhi: TataMcGraw-Hill.
- 6.Robert Feldman (2011) Essentials of Understanding Psychology 10thEdition, ISBN-13-9781259003059/ISBN-10-1259003051
- 7. Morgan C.T., King R.A, Weiss J.Rad Schopler, J. (2012). (latestedition). Introduction to psychology. TATA McGraw Hill Education Pvt. New Delhi.
- 8. Mangal S.K(2000)General Psychology, New Delhi: Sterling Publishers Pvt.Ltd.
- Shashi Jain(Latestedition) Introduction to Psychology. NerwDelhi: Kalyani Publishers.

MAJOR PAPER-5 Practical 2

Instruction to faculty members and Question Setter for:

End Semester Examination (ESE):

Time:3 hours

The Question for- semester exam Practical Exam will be of equal to 100 Marksand will be of 3 hours duration. Distribution of marks in end semester exam will be as —Experiment [-30, Testing [-30, Viva-Voce-20 and N.B-20. Four Questions will be set — Two from Group A and Two from Group B out of which candidates be required to answer two questions One from Group A and One from Group B.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate Diploma	Year-Second	Semester-III
	Paper - Practical-2	
Paper Code:MJ-5/P		Core Compulsory
Credit: 4(120 hours)		1 Credit=30 hrs
FM:100		PM:40

Group A: Experiments; Attention and Problem Solving

- 1 Effect of organization of stimulus materials on span of attention
- 2. Effect of distraction of attention on mental task
- 3.Fluctuation of attention
- 4. .Role of Mental Set in Problem Solving

Group B: Testing: Intelligence

- 1. Alexander's Battery Test of Intelligence(Pass Along Test, Koh's Block Design Test, Cube Construction Test)
- 2. Mohsin's General Intelligence Test
- 3. Raven's Progressive Matrices
- 4. Joshi 's Test of Intelligence

Reference Books:

- 1. Mohsin, S.M. (1982). Experiments in Psychology. Patna: MotilalBanarsidas
- 2. Sulaiman, M. (1996). ManovigyanikPrayogAurParikshan. Patna: MotilalBanarsidas.
- 3. Sinha, R.R.P (2001). Manovigyanme prayog, Parikchanaur Snakhiyeki. Patna: Bharti Bhawan
- 4. Singh, A.K. (2011). Uchchtar Manovigyanik Prayogaur Parikshan. Patna: Bharti Bhawan

SYLLABUS OF PSYCHOLOGY DISCPLINE SPECIFIC COURSE

SEMESTER-I

MINOR PAPER-1A Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE): Time:

1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 10 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 10 marks. Group A is compulsory and will contain five very short type questions containing 1 mark each and Group B will contain descriptive type two questions of 5 marks each, out of which any one is to be answered.

(Attendance Upto75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks; 90<Attd,5marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 60 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questions of 1 mark each. Question No.2 and 3 will be two short answer type questions of 5 marks each. Group B will contain descriptive type five questions of 15 marks each, out of which any three to be answered.

Program/Class: Undergra	duate Year-First	Semester-l
Certificate		
Paper Code: MN 1A Minor	Paper: Introduction to Psychology	Discipline/Inter Disciplinary
Credit: 3 (45 hours)1		Credit= 15 hours
FM:75		SIE=15, ESE=60
PM:30		SIE=06, ESE=24

Course Outcomes: After the completion of course, the students will have ability to:

- 1. Understanding what Psychology is all about.
- 2. Understand the scope and the field of Psychology.
- 3. Developing familiarity with basic concepts related to some foundational themes of study in Psychologysuch as learning, memory, perception, thinking, emotion, sensation, attention including sensory process.

Unit 1:Introduction:

- Definition, nature and subject matter of Psychology;
- Branches of psychology- Cognitive, Abnormal, Social, Developmental, Clinical, Educational
- Methods of psychology- Observation, Experimental and Interview Methods

Unit 2: Sensory and Perceptual Processes:

- Structure and Functions of Eye
- Structure and Functions of Ear
- Perceptional-Concept and Process
- Views on Perception: Gestalt and Behaviouristic

Unit 3: Sensation and Attention:

- Sensation: Definition and Characteristics
- Attention: Meaning and phenomena (span of attention, division of attention, fluctuation and distraction),
- Determinants: objective and subjective

Unit 4: Learning:

- Definition and Nature
- Methods of learning
- Theories of learning- Thorndike's Connectionism, Pavlov's Classical conditioning, Skinner's Operant conditioning,

Unit 5:Memory:

- Meaning and Nature of memory
- Types of memory-Sensory memory semantic memory, STM and LTM; Difference between LTM and STM:
- Factors improving memory Forgetting:
- Concept, Nature and Causes

BOOKS RECOMMENDED:

- 1. Sing, A. K (2012). AdhunicSamanyaMonavigyan. Patna: MotilalBanaridas. (In Hindi)
- .2.Suleman, Md. (2012): AdhunicSamanyaManougyan. Patna: MotilalBanarsidas. (In Hindi)
- .3Baron, R.and Misra, G. (2013). Psychology. New Delhi: Pearson.
- 4.Robert Feldman (2011) Essentials of Understanding Psychology 10thEdition, ISBN-13-9781259003059/ISBN-10-1259003051
- 5.. Morgan C.T., King R.A, Weiss J.Rad Schopler, J. (2012). (latestedition). Introduction to Psychology. TATAMcGraw HillEducation Pvt. New Delhi.
- 6. MangalS.K(2000)General Psychology, NewDelhi: SterlingPublishers Pvt.Ltd.
- 7. ShashiJain(Latestedition) IntroductiontoPsychology. NerwDelhi: Kalyani

Publishers.

SEMESTER -I

MINOR PAPER-1A Practical

Instruction to faculty members and Question Setter for:

End Semester Examination (ESE):

Time:3 hours

The Question for-semester exam Practical Exam will be of equal to 25 Marks Distribution of marks in end semester exam will be as - experiment-15 Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate	Year-Second	Semester-III
Cirtificate		
	Paper - Practical I	
Paper Code: MN 1A/P	i	Discipline/Inter Disciplinary
		Minor
Credit: 1		1 Credit=30 hrs
FM:25		PM:10
Experiments:		
1.Simple Method in Verbal	learning	
2. Serial Method in Verbal l	learning	
3. Paired Associate Method	d in Verbal learning	
4. Whole vs Part Method in V	Verbal learning	
	_	
Reference Books:		
1. Mohsin, S.M. (1982). Experiments in Ps	ychology. Patna: Motila lBar	narsidas
2. Sulaiman, M. (1996). Manovigyanik Pra	yog AurP arikshan. Patna: M	otilal Banarsidas.
3.Sinha,R.R.P(2001). Manovigyan me pray	og, Parikchan aur Snakhiyel	ki.Patna: Bhart iBhawan
4.Singh, A.K. (2011). Uchchtar Manovigyani	kPrayogaurParikshan.Patna:	BhartiBhawan

SEMESTER-III

MINOR PAPER-1B Theory

Instruction to faculty members and Question Setter for:

Semester Internal Examination (SIE):

Time:1 hour

The Semester Internal Examination shall have two components.(a) Written Examination of 10 Marks and (b) Class Attendance Score of 5 marks.

There will be two groups of questions in written examinations of 10 marks. Group A is compulsory and will contain five very short type questions containing 1 mark each and Group B will contain descriptive type two questions of 5 marks each, out of which any one is to be answered.

(Attendance Upto 75%, 1mark; 75<Attd.<80, 2 marks; 80<Attd.<85, 3 marks; 85<Attd.<90, 4 marks; 90<Attd,5marks).

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questionsof1markeach. Question No. 2 and 3 willbetwoshort answer type questions of 5 marks each. Group B will contain descriptive type five questions of 15 marks each, out of which any three to be answered.

Program/Class: Undergraduate	Year-Second	Semester-III
Diploma		
Pa	per – Community Psychology	·
Paper Code:MN-1B	MANAGE MA	linary/Interdisciplinary Minor
Credit: 3 (45 hours)		1 Credit=15 hrs
FM:75		SIE=15, ESE=60
PM: 30		SIE=06, ESE=24

Course Outcomes: This course provides:

- 1. knowledge about how community issues can impact the health and wellness of individuals.
- 2. knowledge about the community as a context for the individuals within it, and the relationship of the individual to the community and society.
- 3. knowledge to understand the functioning of the community, including the quality of life of the persons within groups, organizations and institutions, communities, and society.
- 4.knowledge to work on issues like empowerment, civic participation, building a sense of community, problem prevention, health promotion and individual wellness.

Unit 1: Introduction:

- Definition of Community Psychology
- Historical contexts of Community Psychology:
- Concept, evolution and nature of community mental health.
- Types of community:

Models of mental health services: mental, social, organizational and ecological.

Unit 2: Core values:

- Individual and family wellness; sense of community; respect for human diversity;
- social justice; empowerment and citizen participation: collaboration and community strength

Unit 3: Health promotion:

- Process of community organization for health promotion;
- Community mental health program for child and maternal health, physically challenged and old age in the Indian context

Unit4: Intervention:

Community mental health intervention and community based rehabilitation;
 Training of the Para - professional and non-professionals.

Unit 5: Community mental health in India:

• Issues and challenges.

BOOKS RECOMMENDED

- 1.Bloom, B. (1973). Community Mental Health A critical analysis. New Jersey. General Learning Press.
- 2.Koch, C.H (1986) (ed.). Community Clinical Psychology. London: Croom Helm.
- 3. Mann, P.A. (1978). Community Psychology: Concepts and Application. New York: The Free Press.
- 4.Rappaport, J. (1977). Community psychology: Values Research and Action. New York: Holt, Reinehart and Wingston.
- 5. Singh, A.K. (2012). Adhunik Asamnya Manovigyan (Motilal Banarsi Das).
- 6. Singh, A.K. (2012). Uchtar Naidanik Manovigyan (Motilal Banarsi Das).

SEMESTER-III

MINOR PAPER-1B Practical

Instruction to faculty members and Question Setter for:

End Semester Examination (ESE):

Time:3 hours

The Question for-semester exam Practical Exam will be of equal to 25 Marks. Distribution of marks in end semester exam will be as — Testing- 15, Viva-Voce-5 and N.B-5. Two Questions will be set out of which candidates be required to answer one question.

(Note: There is no internal examination in practical paper)

Program/Class: Undergraduate	Year-Second	Sem	ester-III
Diploma		* 5	
	Paper - Practical II		
Paper Code: MN 1B/P		Discipline/Inter Discip	linary Minor
Credit: 1		1	Credit=30 hrs
FM:25			PM:10
Testing:			
1.Mohsin's General Intelli 2.Eyejenk's Personality Qu 3.Sinha's Manifest Anxiety	uestionnaire (EPQ-Indian A	Adaptation)	
4. Mental Health Battery by			
			,
Reference Books:			
1. Mohsin, S.M. (1982). Experiments in Ps	ychology. Patna: Motila lBar	narsidas	
2. Sulaiman, M. (1996). Manovigyanik Pra	yog AurP arikshan. Patna: M	lotilal Banarsidas.	
3.Sinha,R.R.P(2001). Manovigyan me pray	og, Parikchan aur Snakhiyek	i.Patna: Bhart iBhawan	
4.Singh, A.K. (2011). Uchchtar Manovigyani	kPrayogaurParikshan.Patna:l	BhartiBhawan	

SEMESTER-I/II/III

Multidisciplinary Course in Psychology Theory

InstructiontofacultymembersandQuestionSetterfor:

End Semester Examination (ESE):

Time:3 hours

The End Semester Exam will be of 75 marks. There will be two groups of questions. Group A is compulsory and will contain three questions. Question No. 1 will be very short type questions consisting of five questionsofImarkeach.Question No.2 and 3 willbetwoshort answer type questions of 5 marks each. Group B will contain descriptive type six questions of 15 marks each, out of which any four to be answered.

(Note: There is no internal examination in practical paper)

Program/Class: Undergrad vate Certificate/ Diploma	Year-First/Second	Semester-I/II/III
Paper –	Introduction to General Psycho	logy
Paper Code: MDC/PSY		Multidisciplinary Course
Credit: 3		1 Credit=15 hrs
FM:75	*	PM:30

Course Outcomes: After the completion of course:

- 1. The students will have ability to understand what Psychology is all about.
- 2. The students will understand the scope and the field of Psychology.
- 3. Develop familiarity with basic concepts related to some foundational themes of study in Psychology such as learning, memory, and perception, forgetting and human sensory process.

Unit 1:Introduction:

- Definition and Goals of psychology;
- · Methods of Psychology- Observation, Experimental, and Interview method

Unit 2: SensoryandPerceptual Processes:

- Structure and function ofeye andear;
- Perception: Concept and process, Views on perception: Behavioristic and Gestalt,
 Perceptual organization,

Unit 2: Learning:

- Natureand Definitions ofLearning;
- Role ofMotivation inLearning;
- Theories of Learning-Thorndike's Trial and Error theory, Kohlar&Kafka'sInsight theory, Pavlov's Conditioningtheory

Unit 4(A) Memory:

Natureand Definitions of Memory;

- Process of Memory;
- Types of memory

(B)Forgetting:

- Nature and Definitions of Forgetting;
- Causes of Forgetting

BOOK RECOMMENDED

- 1. Wood, S.E. and Wood, E.G. (1996): The world of Psychology. New York: Allyn-Bacon.
- 2. Rahman, A. (1998): Samanya Manovigyan Vishay aur Viyakhya: Motilal Banarasidas.
- 3. Suleiman, Md (1996): Uchhtar Samanya Manovigyan: Patna: Motilal Banarsidas.
- 4. Sing, A. K (2012). AdhunicSamanyaMonavigyan. Patna: MotilalBanaridas. (In Hindi)
- 5.Baron, R.and Misra, G. (2013). Psychology. New Delhi: Pearson.
- 6..Robert Feldman (2011) Essentials of Understanding Psychology 10thEdition, ISBN-13-9781259003059/ISBN-10-1259003051
- 7. Morgan C.T., King R.A, WeissJ.Rad Schopler, J. (2012). (latestedition). Introduction to Psychology. TATAMcGraw HillEducation Pvt. New Delhi.
- 8. MangalS.K(2000)General Psychology, NewDelhi: SterlingPublishers Pvt.Ltd.

FORMAT OF QUESTION PAPER FOR SEMESTER INTERNAL EXAMINATION



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 10 Marks:

Subject/Code 6					
F.M.=10	Time=1Hr.	Exam Year			
General l	nstructions:				
i.	Group A carries very short answer type compulsory question.				
ii.	Answer 1 out of 2 subjective/descriptive questions given in Group B.				
iii.	Answer in your own words as far as practicable.				
iv.	Answer all sub parts of a question at one place.				
v.	Numbers in right indicate full marks of the question.				
	Group A S				
1.		[5x1=5]			
	i	•			
	Ti.				
	iii				
	iv				
	V				
O.*	Group B				
2		[5]			
3		[5]			
- CT-1	The second secon	* /* 24			
Note : There may be subdivisions in each question asked in Theory Examination.					

FORMAT OF QUESTION PAPER FOR SEMESTER INTERNAL EXAMINATION



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 20 Marks:

	Subject/Code	
F.M.=20	Time=1Hr.	Exam Year
General I	nstruction:32°	
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 1 out of 2 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable.	
iv.	Answer all sub parts of a question at one place.	
٧.	Numbers in right indicate full marks of the question.	
	Group A	7 = 4 m7
1.		[5x1=5]
-	1. 45************************************	
	ii	
	iii	
	iv	. • • • • • • • • • • • • • • • • • • •
	V	
2.	· · · · · · · · · · · · · · · · · · ·	[5]
	Group B	* .
3 .		[10]
4.		[10]
Note: The	re may be subdivisions in each question asked in Theory Exa	imination.



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 50 Marks:

	Subject/Code	
F.M.=50	Time=3Hrs.	° Exam Year
General l	nstructions:	
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 3 out of 5 subjective/descriptive questions given in Group B.	
iii.	Answer in your own words as far as practicable.	,
iv.	Answer all sub parts of a question at one place.	
v.	Numbers in right indicate full marks of the question.	
_	Group A	
1.		[5x1=5]
	i	
	ii	
	iii	
	iv	
	V	
	Group B	•
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3	***************************************	[15]
4.5		[15]
5		[15]
6		[15]
0	······································	[15]
Note Than	a mari ha makdivinia	•
TTUEC. I IICI	e may be subdivisions in each question asked in Theory Exa	mination.



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 60 Marks:

F.M.=60 General Instruction ≤ 1 i. Group A carries very short answer type compulsory question. ii. Answer 3 out of 5 subjective/descriptive questions given in Group B. iii. Answer in your own words as far as practicable. iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question. Group A [5x1=5] i. ii. iii. iv. v. 2. 5. Group B 4. Group B 4. [15] 5. [15] 6. [15] 7. [15] [15] [15] [15]		Subject/Code	
General Instruction € : i. Group A carries very short answer type compulsory question. ii. Answer 3 out of 5 subjective/descriptive questions given in Group B. iii. Answer in your own words as far as practicable. iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question. Group A 1. Group A [5x1=5] ii	F.M.=60	Time=3Hrs.	Exam Year
i. Group A carries very short answer type compulsory question. ii. Answer 3 out of 5 subjective/descriptive questions given in Group B. iii. Answer in your own words as far as practicable. iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question. Group A [5x1=5] i		instructions:	
ii. Answer 3 out of 5 subjective/descriptive questions given in Group B. iii. Answer in your own words as far as practicable. iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question. Group A [5x1=5] i. [5x1=5] ii. [5] iii. [5] j. [5] 3. [5] 4. [15] 5. [15] 6. [15] 7. [15]		Group A carries very short answer type compulsory question.	
iii. Answer in your own words as far as practicable. iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question. Group A [5x1=5] i		Answer 3 out of 5 subjective/descriptive questions given in Group B.	
iv. Answer all sub parts of a question at one place. v. Numbers in right indicate full marks of the question. Group A [5x1=5] i	iii.		
V. Numbers in right indicate full marks of the question. Group A [5x1=5] i.			
Group A [5x1=5]			
i	. • •	Group A	
ii. iii. iv. v. 2. 3. Group B 4. [15] [15] [15] 7. [15]	1.		[5x1=5]
ii. iii. iv. v. 2. 3. Group B 4. [15] [15] 6. 7. [15]	i.	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	•
iii. iv. v. 2. 3. Group B 4. [15] 5. [15] 7. [15]			
iv. v. 2. 3. Group B 4. [15] 5. [15] 6. [15] 7.			
V			
2	:-		*
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Group B 4		***************************************	[5]
4	J	Cuove B	
5		Group D	1151
6			
7[15]	5		
	6		
8[15]	7	······································	
	8	······································	[15]
	Note: Th	ere may be subdivisions in each question asked in Theory Ex	camination.



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 75 Marks:

	Subject/Code	V _K
F.M.=75	Time=3Hrs.	Exam Year
General I	nstruction S!	P.
i.	Group A carries very short answer type compulsory question.	
ii.	Answer 4 out of 6 subjective/descriptive questions given in Group B.	•
iii.	Answer in your own words as far as practicable.	•
iv.	Answer all sub parts of a question at one place.	
v.	Numbers in right indicate full marks of the question.	•
1.		FF1F7
	i	[5x1=5]
	ii.	
	iii.	
:	iv.	
	V	* * * * * * * * * * * * * * * * * * *
2	***************************************	r ma
3	***************************************	[5]
· · · · · · · · · · · · · · · · ·	***************************************	[5]
	Group B	
4		[15]
		[15]
6		์ โ ร รี
7	······	[15]
8		[15]
9		[15]
Note: Ther	e may be subdivisions in each question asked in Theory Exa	mination



Binod Bihari Mahato Koylanchal University, Dhanbad

Question format for 100 Marks:

	Subj	ect/Code	
F.M.=100	-	e=3Hrs.	- Exam Year
General I	nstructions:	-	
i.	Group A carries very short answer to	ype compulsory question.	
ii.	Answer 4 out of 6 subjective/descri	ptive questions given in Group B.	
iii.	Answer in your own words as far as	-	
iv.	Answer all sub parts of a question a	t one place.	
v.	Numbers in right indicate full marks	s of the question.	
		Group A	
1.	_		[10x1=10]
i	i	vi	
	ii	vii	-
	iii.	viii	
	iv	ix	
	V	х	
2	***************************************		[5]
3			[5]
	G	oup B	, - -
4	**************************************	opposite minimali investigaments	[20]
5		그 그 그 사람들이 그 그 그 그 그 그 그 그 그 그 그 그 그 그 그 그 그 그 그	[20]
			[20]
			[20]
	*************		[20]
	······································		[20]
<i>y.</i>			[20]
Note: Ther	e may be subdivisions in each	question asked in Theory Example	mination.